FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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1. Name and Add	ress of Reporting I E VINCENT		2. Issuer Name and Ticker or Trading Symbol <u>QUANEX CORP</u> [NX]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner
(Last) (First) (Middle) 1900 WEST LOOP SOUTH SUITE 1500 (Street) HOUSTON TX 77027		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 10/04/2004	Officer (give title Other (specify below) below)
		77027	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting
(City)	(State)	(Zip)	—	Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

I able I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date 3. 4. Securities Acquired (A) or Disposed of (D) (Instr. 3. 4 and 5) 5. Amount of Securities Form: Direct 6. Ownership Form: Direct 7											
	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transa Code (8)		Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	10/04/2004		М		3,000	A	\$27.625	13,000	D		
Common Stock	10/04/2004		М		2,000	A	\$16.875	15,000	D		
Common Stock	10/04/2004		S		500	D	\$52.6	14,500	D		
Common Stock	10/04/2004		S		100	D	\$52.59	14,400	D		
Common Stock	10/04/2004		S		800	D	\$52.58	13,600	D		
Common Stock	10/04/2004		S		600	D	\$52.57	13,000	D		
Common Stock	10/04/2004		S		500	D	\$52.56	12,500	D		
Common Stock	10/04/2004		S		400	D	\$52.55	12,100	D		
Common Stock	10/04/2004		S		300	D	\$52.54	11,800	D		
Common Stock	10/04/2004		S		400	D	\$52.53	11,400	D		
Common Stock	10/04/2004		S		400	D	\$52.52	11,000	D		
Common Stock	10/04/2004		S		300	D	\$52.51	10,700	D		
Common Stock	10/04/2004		S		100	D	\$52.5	10,600	D		
Common Stock	10/04/2004		S		100	D	\$52.48	10,500	D		
Common Stock	10/04/2004		S		100	D	\$52.47	10,400	D		
Common Stock	10/04/2004		S		100	D	\$52.46	10,300	D		
Common Stock	10/04/2004		S		200	D	\$52.45	10,100	D		
Common Stock	10/04/2004		S		100	D	\$52.44	10,000	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to buy)	\$16.875	10/04/2004		M ⁽¹⁾			2,000	05/01/1999	10/30/2008	Common Stock	2,000	\$0	0	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I (Ins	of Expiration D		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to buy)	\$19.8125							10/31/2000	10/31/2010	Common Stock	2,000		2,000	D	
Stock Options (Right to buy)	\$21.6875							05/01/2000	10/31/2009	Common Stock	2,000		2,000	D	
Stock Options (Right to buy)	\$25.95							10/31/2001	10/31/2011	Common Stock	2,000		2,000	D	
Stock Options (Right to buy)	\$27.625	10/04/2004		M ⁽¹⁾			3,000	05/01/1998	10/31/2007	Common Stock	3,000	\$0	0	D	
Stock Options (Right to buy)	\$35.54							10/31/2002	10/31/2012	Common Stock	2,000		2,000	D	
Stock Options (Right to buy)	\$40.05							10/31/2003	10/31/2013	Common Stock	2,000		2,000	D	
Phantom Stock Units	\$0							08/08/1988	08/08/1988	Common Stock	4,545		4,545	D	

Explanation of Responses:

1. Options exercised under the 1989 Non-employee Directors Stock Option Plan.

Terry M. Murphy, Power of

<u>Attorney</u>

10/05/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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